

Send

Sabbath time

What is your family's favorite way to relax together? Draw a picture of it here. This can be sabbath time. Remember to make God's word part of your time together.

SABBATH + RELAX + SABBATH + RECREATION + SABBATH

REST + SABBATH + RECREATION + SABBATH + RELAX

REST + SABBATH + RENEW + SABBATH + RELAX

SABBATH + REST + SABBATH + RENEW + SABBATH

This week

Try a short sabbath during the week to spend time with God.

Kids Celebrate

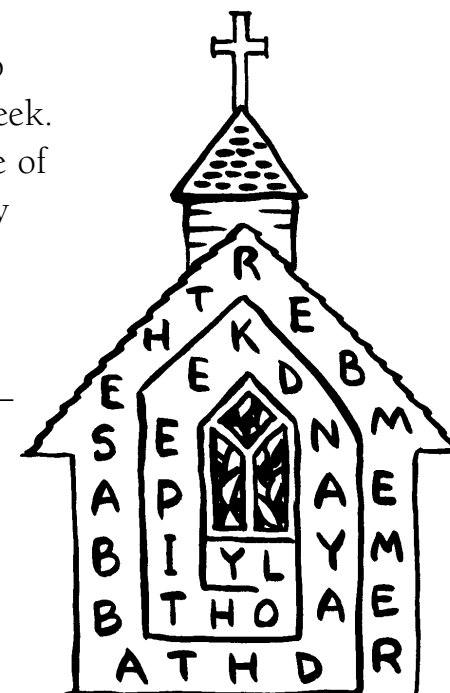
Propser 16



gather

Welcome to worship.

We have good reasons to come to church every week. Help this family find one of God's commandments by following the letter trail. Print it here:



Sunday is the sabbath day for Christians.



Dear Lord, we worship and praise you always. Amen



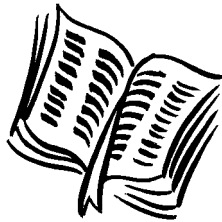
Why worship on Sunday?

Christians worship on Sunday because it is the first day of the week, the day Jesus rose from the dead. Maybe we should call it Sondag to remember God's Son, Jesus!

What is the sabbath?

Sabbath is resting time, a holy time when we stop our everyday tasks to honor and praise God. Sabbath can be any time we leave our own work or play and put God in the center of things.

When you are away from your church you can still have a sabbath time. Even on vacation you can stop to rest, read the Bible, attend worship, and pray together. We need a time to give our prayers and praise to God every week. Without sabbath time, the six days left in the week seem mixed up.



Keep a sabbath kit (a Bible, a devotional book, and other worship helps) with you when you travel.



Circle seven mixed up things in the picture above.